

## **Nicholas Humphrey Morris MB BS MEWI FRSM FRCOG**

Consultant Obstetrician and Gynaecologist

**Date of birth:** 3.10.59

**Marital status:** Married to Veronica, with one son & daughter.

### **Professional Details**

**Secretary:** Saiqa Rizwani, The Portland Hospital 205-209 Great Portland St. W1 W 5AH. Tel 02073908041  
Fax 02073908042  
Email [rapidaccess@hotmail.co.uk](mailto:rapidaccess@hotmail.co.uk)

**Personal Email:** [nicholashmorris@hotmail.com](mailto:nicholashmorris@hotmail.com)

### **Education:**

- 🏫 University College School 1973-1978
- 🏫 St Mary's Hospital Medical School 1979-1984

### **Undergraduate positions**

- 🏫 President St Mary's Hospital Medical School Students Union. 1981-1982.
- 🏫 Council Member of University of London Union. 1982

**Qualifications:** MB BS 1984  
MRCOG 1991  
MEWI 2007  
FRCOG 2007

**Prizes:**

- 🏆 University Laurel 1984.
- 🏆 Wellbeing Training Fellow RCOG 1993-1995
- 🏆 Royal Society of Medicine Obstetrics Poster Prize 1995.
- 🏆 Overseas Doctors Association: Prize for Mentoring 2004

**My current Private Practise**

I have worked in private practice in London since 1997. I have developed a team approach to private practise and have formed a consortium, 'rapid access gynaecology' to provide the best imaging and diagnostic care. I work with Gordon Cochrane, who was an NHS colleague of mine, and we have established an ultrasound service in North London. I run 4 clinics a week and one operating list. I also employ a psychotherapist and a hypnotherapist.

I currently consult at the Portland Hospital, where I carry out my deliveries, the Hospital of St John and St Elizabeth and the Cromwell Hospital. I have operating lists at each of these hospitals. All the major companies insure me.

In the last year, I have developed a cosmetic gynaecology practise and carry out labial surgery and reconstructive perineal and pelvic floor surgery. I am the Consultant Gynaecologist and an Advisor to Surgicare and the Harley Medical Group.

I practise general gynaecology and am an experienced surgeon. I pride myself on my personal style and ensure that I directly contact patients with results. I carry out the following procedures.

- Minimal access surgery: operative laparoscopies, cystectomies, oophorectomies and hysteroscopy, and treatment of severe endometriosis.
- Major gynaecological surgery: complex hysterectomy, myomectomies.
- Vaginal surgery: Pelvic floor repair (primary and secondary). Vaginal hysterectomy.
- Vaginal and vulval refashioning.
- Obturator and tenson free tapes.
- Endometrial ablation mainly with Novasure technology

- Versascope technology.

My obstetric practice is based in London and I have looked after some of the well-known celebrities during their pregnancies. I am a strong advocate of antenatal and labour preparations and try to provide my clients with the most sensitive care. I find that significant issues do arise for many mothers during their first pregnancy, and I work closely with a therapist who offers both hypnotherapy support and also the Mindfulness support programme. This is a highly effective method for stopping fear and the negative reactions to repetitive thought processes. Sometimes self-judgment can cause more harm to a person than an underlining medical disorder.

I am also a practical clinician and carry out amniocentesis and cervical sutures. I carry out all my own deliveries ranging from waterbirths to complex Caesarean sections.

My breadth of experience is based on the fact that I spent 9 years as an NHS consultant with a very busy and exciting practice.

### **Research Grants awarded**

- **Grants:** North West Thames Regional Health Authority Regional Research Grant 1989. **£18,000.**
- WellBeing / Birthright Training Fellowship. Endothelial dysfunction and preeclampsia 1993 –1995. **£70,000.**
- Organon Research Grant 1994. **£4,000.**
- Organon Research Grant 1996 **£2,000.**
- British Heart Foundation Project Grant 1996. The Genetics of Preeclampsia **£ 100,000.**
- Supplementary BHF grant 1997 **£15,000.**
- Sandoz Research Grant, jointly with Dr Dekker, Holland **£ 15,000**
- Department of Health Community Health Grant. The Wellwoman African Clinic. 1990 **£85,000**
- R and D grant 2003 (North West London Hospitals NHS Trust) for placental angiogenesis **£12,000.**

**Career Grant Funding**

**£344,000**

### **Previous NHS positions:**

**Consultant Obstetrician & Gynaecologist (1996-2005)**, Central Middlesex Hospital and and Senior Clinical Research Fellow, Academic Dept of Obstetrics & Gynaecology, Imperial College School of Medicine at the Chelsea & Westminster Hospital 1996-1999.

### **PREVIOUS APPOINTMENTS**

Aug 84 - Feb 85	House Surgeon to Mr D. Britton <b>Royal United Hospital, Bath</b>
Feb 85 - Aug 85	House Physician to Dr E.Keal <b>St Mary's Hospital, London.</b>
Aug 85 - Feb 86	Senior House Officer to Mr David Liu

(Obstetrics) **Nottingham City Hospital**

- Feb 86 - Aug 86 Senior House Officer to Miss James, Mr Kenney, and Mr Cameron (Gynaecology). **St Thomas' Hospital, London.**
- Aug 86 - Feb 87 Senior House Officer to Mr R. Touquet (Accident and Emergency) **St Mary's Hospital, London.**
- Feb 87 - Aug 87 Senior House Officer to Mr D. Rosin ( Surgery) **St Charles' Hospital, London.**
- Aug 87 - Aug 88 **Senior House Officer Rotation** to Prof Beard, Prof Steer, Mr Loeffler, Mr Paintin and Mr Fraser. **Samaritan Hospital, London.**
- Aug 88 - Feb 89 Senior House Officer to Mr Fisher, (Obstetrics) **Northwick Park Hospital, Harrow Middlesex.**
- March 89- Sept 89 Research Assistant, Dept of Biochemistry, **St Mary's Hospital Medical School.** To Professor Robert Williamson.
- Nov 89 - Nov 91 **Registrar Rotation Royal Free Hospital, Edgware General Hospital, London.** Mr Walker, Mr Magos, Prof Shaw, and Mr Condie, Mr Bernhardt and Mr Simanowitz.

**POSTMEMBERSHIP POSITIONS**

- Dec 91 - Oct 92 Registrar to Prof Chamberlain, Mr Stanton, Mrs Varma, and Mr Pearce. **St George's Hospital, London.**
- Nov 92 - May 93 Locum Senior Registrars to Mr Ellis and Mr Charnock, **The John Radcliffe Hospital, Oxford.**
- May 93 - May 95 WellBeing Training Fellows **and Hon Senior Registrar,** Academic Dept of Obstetrics and

Gynaecology, (Supervisor, Prof P.J. Steer), Charing Cross and Westminster Medical School, London.

### **Senior Registrar**

May 95- December 96 **Clinical Lecturer and Senior Registrar**, University of Cambridge, Department of Obstetrics & Gynaecology, Rosie Maternity Hospital and Senior Registrar at Ipswich Hospital NHS Trust.

### **Consultant Position at Central Middlesex Hospital and Senior Clinical Research Fellow to Imperial College at the Chelsea and Westminster Hospital 1996-2005**

NHLNHS Trust is one of the busiest Hospitals in London. It currently has 5,200 deliveries, but since there is an extremely poor and ethnically diverse population it is regarded as very high risk'.

When I first arrived at CMH, I was surprised at the number of refugees from North Africa, who had undergone genital mutilation, and that there was no specific service available for them in maternity.

I was also shocked that there was not appropriate parent craft education and postnatal support for a very vulnerable group of patients. There was however an active Maternity Liaison Services committee which was successful in driving the Trust to recognise the needs of some pregnant women.

Sadly it was often the case, that politically a group of transient refugees or immigrants were not the Trust's priority. This is not unique to North London, but also a National problem. I choose to work with my patients, GPS and their communities in order to improve maternity care. I was able to make significant improvements to the clinical services.

## **Obstetrics at Central Middlesex Hospital: The clinical work I developed**

### *Well woman African Clinic for victims of female genital mutilation*

I developed a business plan for a dedicated midwife and interpreter and I recruited Mr Harry Gordon to work with us in the clinic. This clinic has now become established and sees up to 20 patients in each clinic, and we have carried out over 300 reversals of circumcision. The work in this clinic was highly regarded by the local PCT, the Department of Health and the Health Care Commission.

The funding was achieved with the support of Mr Mark Brignall, who is now the head of commissioning at the Department of Health. During the life of the clinic, I also engaged the services of a Midwife Lecturer and a Psychotherapist to work on the very real needs of the patients.

Last year Mr Gordon and I published our clinical experience in the Journal of Obstetrics and Gynaecology.

### *Department of Health Community Ethnic Health grant*

In 1999, we were awarded a Department of Health Grant to fund the very important work of this clinic, and we have acted as Advisors to the WHO on female mutilation. The clinic's work is diverse ranging from reversing circumcision for young women before marriage to sorting out the complex medical issues of refugees with multiple pathologies.

The success of the clinic is because there are excellent link workers, who are respected in the Somali community, and that the clinic has been run by 2 consultants and a senior midwife. We have offered a family planning service and also a counselling service.

### *Labour Ward*

I also had 2 maternity unit sessions at the Hospital, where I taught the junior doctors and midwives practical aspects of labour ward management and maternal medicine. I also organised debriefing sessions following a stillbirth or untoward clinical accident. I was also responsible for the inpatient antenatal care. I held a weekly maternal medicine teaching session.

### *The antenatal service at Central Middlesex*

I was the lead clinician for antenatal services at Central Middlesex and with the help of the Senior Midwife and the Superintendent Ultrasonographer set up a 'flexible' antenatal service. An excellent diabetic, cardiac and haematology team supported us. We set up screening for thrombophilia and offered a joint service with the haematology department.

We also developed the use of key link workers within each ethnic community. In 1999, I set up a link for fetal medicine support from University College Hospital.

I funded 2 Oxford 8000 CTG machines, which are in routine use in the antenatal clinic. I was also responsible for the antenatal care of the chronic hypertensive, previous severe pre-eclampsia and for women with sickle cell disease, and chronic lung disease and thrombophilia.

#### *Amniocentesis service*

I established a formal amniocentesis service at CMH. Before my appointment, registrars carried out the amniocentesis procedures and the miscarriage rate was over 20%. This has now dropped to 1%. At the same time I worked closely with the gynaecology nurse practitioners to develop a medical midtrimester termination service, and a counselling service. I ran the joint monthly ultrasound anomaly meetings at Central Middlesex.

I have developed a good relationship with the Tommy's Campaign Academic Unit at St Thomas's Hospital, and have collaborated closely with Professor's Poston and Shennon on several of their major projects, (Premet and VIP).

I was an active member of the Maternity Services Liaison Committee and advised the Trust on Clinical Guidelines.

## **Gynaecology**

### Surgery.

I very much enjoyed the gynaecological aspects of my post. I held a weekly operating post, and carried out both major abdominal and vaginal surgery. I have level 2 certification for laparoscopic surgery. I carry out laparoscopic cystectomies, adhesiolysis and oophorectomies. I have been trained in the use of the TVT and Hydrothermal ablation, Thermachoice, and Novasure for menorrhagia.

### Gynaecological clinics and psychosexual/ therapy support.

I funded a counsellor and psychosexual therapist to work alongside me in the gynaecological clinic. Indeed I was able to release a registrar from the clinic, because it soon became clear that this service provided many benefits for the patients, and they were not just sent off for a further blood test to be recalled in a few months. The therapist and I often saw patients together, and she often provided support for patients before and after surgery.

The counsellor Ms Collings is also registered for a PhD under the joint supervision of me and Professor Christine Norton of St Marks Hospital. She has presented our work at both National and International Meetings.

I was also responsible for the gynaecological management of patients with sickle cell disease and thrombophilia. I was the first consultant in the Trust to use Metformin and Dexamethasone to treat polycystic ovarian disease.

### Hospital committees

I was a member of the R & D committee, the Drugs and Therapeutics committee and the Transfusion committee of the hospital. I chaired the guidelines committee for the Maternity Unit.

I have given several grand round lectures at the hospital. I am a reviewer for the Journal of Obstetrics and Gynaecology, British Journal

of Obstetrics and Gynaecology and the American Journal of Obstetrics and Gynaecology.

I have served on the editorial board of Reproductive Vascular Medicine. I have been a reviewer for the Tommy's campaign. I was active at the CMH Medical Staff committee. I am the London West Representative for the Hospital Consultants Specialist Association.

### **Medical Advisor to Mount Carmel Medical -Southern Ireland**

Over the last 2 years I have worked as Medical Advisor to Harlequin Healthcare and now Mount Carmel Medical, recruiting managers and senior consultant staff and writing governance guidelines.

### **TEACHING AND ACADEMIC**

Since I qualified, I have always been involved in teaching. I enjoy both teaching and organising topics for discussion. I am actively involved in teaching the medical students, SHOs and the midwives. While I worked in Cambridge, I was responsible for the undergraduate teaching programme, and the final MB exams. I supervised the MB PhD students at Trinity and Downing College, and organised the Rosie Bourn Hall Reproductive Medicine seminars in Cambridge.

Between 1991-1998, I ran a successful MRCOG course, which was based at the Cromwell hospital I and was then based at Central Middlesex Hospital. I have taught on the Dartford Hospital and Northwick Park Hospitals DRCOG courses.

I have recently been an external examiner in Obstetrics and Gynaecology at University College and Imperial College.

In 2004, I was awarded the Overseas Doctors Association Mentoring prize for the work I have carried out supporting overseas trainees in starting a career in the NHS.

I currently organise the postgraduate meetings at the Portland Hospital.

### **ADMINISTRATION**

I was President of the Doctor's mess at Edgware Hospital, and worked closely with the Medical Manpower Committee. I re-organised the representation of the junior staff to the management, and negotiated the refurbishment of the Doctor's mess. During my WellBeing Fellowship, I set up and co-ordinated the London Pre-eclampsia study group.

I was a co-founder with James J. Walker & Gus Dekker of the European Reproductive Vascular Workshop. We have had 5 highly successful meetings in Leeds and in Amsterdam, and I have organised the third meeting, which was held in Park Royal in June 1997. I am now on the committee of the London Pre-eclampsia and Placental Group.

### **Fundraising:**

#### **WellBeing Training Fellowship 1993-1995**

I was awarded the Wellbeing Training Fellowship by the Royal College of Obstetricians and Gynaecologists in May 1993. The aim of the project was to investigate endothelial cell function in pre-eclamptic and normotensive pregnancy. I received a commendation from the WellBeing Scientific Committee for my work. I developed clinical training in Doppler ultrasound. I also developed a wide range of laboratory-based skills. I was taught both umbilical and placental lobule in vitro perfusion. I learnt radioimmunoassay techniques for cyclic GMP and prostacyclin, and tissue culture techniques. I used chemiluminescence to measure nitrite and nitrate. I also set up an assay for nitric oxide synthase in placental tissues. I set up a placental RNA library, and performed reverse transcriptase polymerase chain reaction (RT-PCR), DNA gel purification and sequencing. I also developed skills in immunohistochemical localisation of nitric oxide synthase in placental tissues. I used high performance liquid chromatography to measure the placental aminogram.

I have presented my work both nationally and at international meetings. I was a Plenary Speaker at the Tox Talks in San Francisco in 1995 and at the International Society of the Study of Hypertension in Pregnancy in Seattle in 1996. More recently I have lectured on the genetics and the medical disorders associated with pre-eclampsia.

### **British Heart foundation:**

#### **Genetics of pre-eclampsia 1997- 2001**

In 2002, I finished a **British Heart Foundation Grant** with Kevin O'Shaughnessy, who is a Clinical Pharmacologist in Cambridge. We had been funded to collect sibling pairs, affected with preeclampsia and to carry out a series of candidate gene studies. We have collected 85 sibling pairs, and have carried out a series of candidate gene

studies. We currently have the largest series of affected sib pairs in the world.

We have submitted abstracts on our current work to the SGI and to the British Fetal Maternal Medicine Society meeting, and our papers have been published in International journals.

We have been fortunate to have a supplementary grant from the BHF to allow our technician to study for a PhD. We employed a fulltime midwife, who has been very successful in recruiting the sibling pairs. We have carried out a major study on NOS111, MTHFR and Factor V Leiden Point Mutation, GP111a and prothrombin we have also established that there is concordancy in twins for preeclampsia. We have published 4 major papers in high impact journals.

### **African Well woman service 1998 onwards**

In June 1998, Mr Harry Gordon and I were awarded a Department of Health Grant to develop an R and D research programme to assess the role of a clinic for women from Northern Africa who have been victims of genital mutilation. This grant has initially been awarded for 3 years. Our aim is to encourage reversal of female circumcision either prior to pregnancy or early in the second trimester. Mr Gordon, who coordinates the project, is the WHO advisor on female circumcision. The clinic has become popular with the local population, and we have now demonstrated that reversal is ethnically acceptable. We have also shown that 80% of women have an intact clitoris. Our current work is to assess how to reduce clitoral scarring. We set up a family planning clinic and a psychosexual clinic for the Somalian population. These projects have now been completed. We employed Sarah Collings as our psychologist. We have presented our work at the British Society of Psychosomatic Obstetrics and Gynaecology, British Fetal Maternal Medicine conference, European Contraception conference and at the World Sexology conference.

### **Tommy's campaign 2000 -2002**

I have been a collaborator with the Tommy's campaign current project, **Premet**. Prof Poston, the Director of Research at the Tommy's campaign, has provided a midwife to recruit patients at risk of preterm labour from my antenatal clinic.

Funding from Local R and D committee:

**PhD Supervision of Dr Michael Egbor:**

**The use of stereology in assessing the placental anatomy obtained from normal pregnancy, and those complicated by pre-eclampsia and fetal growth restriction 2002 –onwards  
Placental angiogenesis**

This was a joint study of the placental anatomy using the mathematical model of stereology to assess the terminal villi in these placentas. It with Drs Ansari and Sibbons from the Northwick Park Institute for Clinical Research were my co-workers. Our research fellow was Michael Egbor, who I originally funded from a previous grant, and who now is funded by the Clementine Churchill Hospital.

The study is now completed in its, and Michael has demonstrated that there are major changes in the shape, branching and surface areas of the terminal villi in these pregnancies.

He has presented our work at the European Placental Group, the Royal Society of Medicine and in April 2004 at the Maternal Fetal Medicine conference in Glasgow. He has now been awarded his PhD, and 2 of the papers have been accepted for publication.

**Medico Legal Experience:**

I am fully trained as an Independent Expert witness and continue to update myself with courses. I have attended the Bond Solon and the Expert Info training courses.

I carry out reports and assessments for clients across the spectrum of Obstetrics and Gynaecology. I am a nationally recognised expert on Hypertension in Pregnancy, Cosmetic Gynaecology and also Female Genital Mutilation.

I have recently been asked to prepare a paper for the journal Clinical Risk on Female Genital Mutilation and Cosmetic Gynaecology.

I employ a full time personal assistant who works closely with me to produce high quality reports with up to date references.

I advised Baroness Rendall when she was preparing the bill on Female Genital Mutilation.

## LIST OF PUBLICATIONS

### Peer reviewed scientific publications

1. **Morris. N.H** and Williamson R. (1992) Non-invasive first trimester antenatal diagnosis. British Journal of Obstetrics and Gynaecology, 99, 446-449.
2. **Morris.N.H**, Eaton.B.M, Sooranna S.R, Steer P.J. (1993) Nitric oxide synthase activities in the placental bed and tissues in normotensive pregnant women. Lancet 342,679-680.
3. **Morris N.H.**, Steer P.J & Warren J.B. (1995). Exhaled nitric oxide concentration and amniotic fluid nitrite concentration during pregnancy. European Journal of Clinical Investigation 25, 138-141.
4. **Morris N.H.**, Ramsey B, Steer P.J, Sooranna S.R.(1995) Nitric oxide synthase activities in placental tissue from normotensive and pre-eclamptic pregnancies, British Journal of Obstetrics and Gynaecology 102, 711-714.
- 5.**Morris N. H**, Burston D, Ramsay B & Sooranna S.R. (1995) Free amino acid concentration in normal and abnormal pregnancy. European Journal of Clinical Investigation 25, 796-798.
6. **Morris N.H**, Eaton B.M & Dekker G.(1996) Nitric oxide, endothelium and pre-eclampsia. British Journal of Obstetrics and Gynaecology 103, 4-15.
7. **Morris N.H**, Sooranna S.R, Steer PJ & Warren J.(1996) Exhaled nitric oxide concentration and urinary nitrate across the menstrual cycle. European Journal of Clinical Investigation 26, 481-484.
8. Sooranna S.R, **Morris N.H** & Steer P.J. (1995) Placental nitric oxide metabolism. Reproduction, Fertility and Development,.
- 9.Sharkey A, Cooper J, **Morris N.H (1996)**, Charnock Jones S, Smith SK. Maternal serum VEGF levels in normotensive and high risk pregnancy, European Journal of Clinical Investigation.
10. **Morris N.H**, Holden D. Endothelium & Pregnancy. Molecular Aspects of Medicine. **2000**

11. **Morris N.H.** Hickey M. (1998) The impact of nitric oxide on gynaecology. *Journal of Obstetrics & Gynaecology*. 18: 408-412.
12. **Morris N.H.** (1998). Nitric oxide in pre-eclampsia and in normal pregnancy. *Placenta* Vol 19..pages 203-205.
13. Lewis I, Lachmeijer G, Downing S, Dekker G, **Morris N.H.**, and 'Shaughnessy K. (1999) Failure to detect linkage of preeclampsia to the Region of the NOS3 locus on chromosome 7q. *Am J Human Genetics* 64:310-313.
- 14) O'Shaughnessy K, Fu B, Ferraro F, Lewis I and **Morris NH.** (1999). The Factor V Leiden and Thermolabile Methylenetetrahydrofolate reductase gene variants in an East Anglian Pre-eclamptic cohort. *Hypertension* 33:1338-1341.
- 15) O'Shaughnessy K, Ferraro F, Fu B, Downing S and **Morris N.H.** (2000) The identification of concordant monozygotic twins with preeclampsia. *Am J Obs Gynecol*, 182(5): 1156-7.
- 16) O'Shaughnessy KM. Fu B. Downing S. **Morris NH.** Thrombophilic polymorphisms in pre-eclampsia: altered frequency of the functional 98C>T polymorphism of glycoprotein IIIa. [Letter] *Journal of Medical Genetics*. 38(11):775-7, 2001
- 17)Egbor M, Ansari T, **Morris NH**, Green C and Sibbons (2006). Placental Stereology in abnormal placentation. *Placenta*. Jun-Jul;27(6-7): 727-34.
- 18) Egbor M, Ansari T, **Morris NH**, Green C and Sibbons.(2006) Morphometric placental villous and vascular abnormalities in early- and late-onset pre-eclampsia with and without fetal growth restriction. *BJOG: An International Journal of Obstetrics and Gynaecology* 113:5, 580-589.
- 19). **Morris NH.** Management of menorrhagia. Mims Women's Health. December 2006.
- 20).Gordon H. **Morris NH.** 2007. the experience from the first 10 years of the wellwoman African Clinic .2007. *Journal of Obstetrics and Gynaecology* Volume 27, Issue 4, pages 416 - 419

### **Review articles, case reports and letters**

21. **Morris N.H**, Amso.N, Chalk P. (1991) Haematometra secondary to hormone replacement therapy. *British Journal of Obstetrics and Gynaecology*. 98, 837-838.
22. Hill.N, **Morris N.H**, Shaw R.W. (1991) Orthoptic liver transplantation and pregnancy. *British Journal of Obstetrics and Gynaecology*. 98, 719-721.
23. **Morris N.H**, Watson.E.(1991) The impact of molecular biology on prenatal diagnosis. *British Journal of Sexual Medicine*. 18, 58-62.
24. **Morris N.H** and Bannerjee. A. (1989) Crohn's disease in pregnancy. *Midwife and Health Visitor*, 25,86-92.
25. **Morris N.H**. (1994) Dyspareunia. *Update* 48, 547-554.
26. Oganwu S., Simanowitz, and **Morris N.H**.(1994) Ectopic gestation following mifepristerone, *Journal of Obstetrics and Gynaecology* 14, 259.
27. **Morris N.H**, Johnson M, Steer P.J & Price J. (1994) Abdominal pain and pre-eclampsia. *British Medical Journal* 309, 270-271.
28. **Morris N.H**, Oganwu S., and Sanderson P.(1995) A severe streptococcal sore throat infection complicating the puerperium ,*Journal of Obstetrics and Gynaecology*, 16, 123-126.
29. **Morris N.H**. (1995) Urinary mercury levels in female dentists of reproductive age. *British Dental Journal* 12, 121.

### **Chapters**

30. Dekker G & **Morris N.H**. (2001) Medical Conditions associated with hypertensive disorders of pregnancy. *Hypertension in Women*. Editor Sibai. 85-111.

**Abstracts published in scientific journals.**

31. Sooranna S.R, Burstn D, **Morris N.H**, Ramsay B, Pearson J.D and Steer P.J.(1994) The relationship between arginine concentration and nitric oxide synthase activity in placental villi from normal and abnormal pregnancy. *Placenta* 15, 7 : A 65.
32. **Morris N.H**, Carroll S, Nicolaides K.H, Steer P.J and Warren J B.(1994) Nitric oxide production during human pregnancy, assessed in amniotic fluid and in exhaled breath. *Journal of Physiology*, 477, 34.
33. **Morris N.H**, Steer P.J, Warren J.B.(1994) Exhaled nitric oxide is not influenced by the Menstrual cycle. *Journal of Physiology*. 477,34.
34. **Morris N.H**, Steer P.J, Warren J. (1994). Chemiluminescence determination of nitric oxide during pregnancy. *Int Journal of Gynaecology and Obstetrics*,46, Supp 2, 131.
35. **Morris N.H**, Ramsay B, Sooranna S.R & Steer P.J. (1994) Nitric oxide synthase activities in placental tissues from normotensive and pre-eclamptic pregnancies. *Int Journal of Gynaecology and Obstetrics* 46, Supp 2, 131.
36. **Morris N.H**, Ramsay B, Sooranna S.R. (1995) Nitric oxide synthase activities in placental tissues from normotensive and high risk pregnancy.  
*British Journal Obstetrics and Gynaecology* 102, 574.
- 37. Morris N.H**, Burton G, Cooper J . (1995) Localisation of cNOS and VEGF in the uteroplacental bed from normotensive and high risk pregnancy.  
*Placenta* 16, A 50.
38. O'Shaughnessy K and **Morris N.H**. No evidence for linkage of the NOS3 gene in sibpairs affected by preeclampsia. *British Maternal and Fetal Medicine Society, Manchester, April 1998.. J Obs Gynaecol* 18 : supp 1, 45
39. Taylor Adams S.E, Siow B, **Morris N.H** and Steer P.J. Has compliance with antenatal protocols improved since Yoong's audit.

British Maternal and Fetal Medicine Society, Manchester, April 1998. J Obs Gynaecol 18 : supp 1, 47.

40. Golara M, Morris N.H and Gordon H. Prevention of genital tract trauma during labour and delivery in an African population following genital mutilation. . British Maternal and Fetal Medicine Society, Manchester, April 1998. J Obs Gynaecol 18 : supp 1, 49.

41. Biswas C, Golara M, Morris NH, and Gordon H. Findings at reversal of female of female circumcision in a cohort of 85 Somalian women attending an ethnic specific clinic . FIGO 2000. Int Journal of Obstetrics and Gynaecology P2. 1602.

42. Egbor M, Ansari T, Sibbons P, Morris NH and Green CJ. Stereological findings in placentae from normal and pregnancies complicated by growth restriction. European Placental Group. Mainz 2003. A433.

43. Morris NH and Collings S. Psychosexual aspects of women who have been circumcised. World Sexology Conference Cuba 2003. A288.

44. Collings S, Morris NH. The role of the psychosexual therapist in the obstetric and gynaecology service. World Sexology Conference Cuba 2003. A 287.

45. Egbor M, Ansari T, Sibbons P, Morris NH and Green CJ. The stereological differences in the villous tree in placentae from growth restricted and Pet affected pregnancies. British Maternal and Fetal Medicine Society 2004. . J Obs Gynaecol 23 : supp 1, 57..

### **INVITED PRESENTATIONS**

1. The use of gene amplification in clinical medicine. WHO workshop on PCR technology. St Mary's Hospital, April 1989.
2. Non-invasive prenatal diagnosis. Jubilee meeting of the Sri-Lankan College of Obstetrics and Gynaecology, Columbo, September 1992.
3. Recent advances in pre-natal diagnosis. Sixth International Study Conference on Child Health, Lancaster, September 1992.
4. The outcome of teenage pregnancy in the UK. First International Conference on Adolescent Obstetrics and Gynaecology, Antalya, Turkey. October 1992.
5. Screening for fetal wellbeing, the Little's foundation Mid-trimester workshop, Wallingford, January 1993.
6. The importance of being NO. Oxford Regional Obstetrical and Gynaecological Forum, Northampton, March 1994.
7. Endothelial cell dysfunction in pre-eclampsia. Topical Cardiology, Hammersmith Hospital, December 1994.
8. Nitric oxide and pregnancy, Tox talks, San Francisco, June 1995.
9. How to do an MD. RSM Sixth Form Conference. January 1996.
10. Nitric oxide in the placenta in pre-eclampsia. Nitric oxide in Obstetrics and Gynaecology. Kensington. June 1996.
11. Vasoactive mediators in pre-eclampsia. Plenary lecture. International Society for the Study of Hypertension in Pregnancy Conference, Seattle, August 1996.
12. Nitric oxide and the placenta. Little's Foundation Workshop. November 1996.
13. Nitric oxide, endothelium and pregnancy. French Society of Hypertension in pregnancy, Paris May 1997.
14. Nitric oxide and the placenta. Nitric oxide in Obstetrics & Gynaecology, Genoa, September 1997.

15. Endothelial cell dysfunction & pregnancy. Third Turkish Congress of Obstetrics & Gynaecology, Ankara, September 1997.

16. Whats new in preeclampsia? Diplomates Course. September 1997. RCOG, London.

17. The genetics of preeclampsia. Turkish Hellenic Feto-Maternal Medicine Society Meeting, Kapadokia, October 1997.

18. The molecular genetics of pre-eclampsia. The London Pre-eclampsia Study group. April 1998.

19. Human genetics and pre-eclampsia. Grand Round, Dept of Molecular Genetics, St Georges Hospital Medical School. May 1998.

20. Preexisting medical disorders and pregnancy. Plenary speaker. Third international Reproductive Health Care Symposium, McGill University, Montreal, April 1999.

21. Thrombophilia and pre-eclampsia, why the connection?. Grand Round. Royal Victoria Hospital, Montreal, Canada. April 1999.

22. Female circumcision and pregnancy. Grand Round. Royal Victoria Hospital, Montreal, Canada, April 1999.

23. Female circumcision: an overview. British Society of Psychosomatic Obstetrics and Gynaecology. September London. 2000.

24) Thrombophilia and pregnancy: Grand round, University Dept of Cardiff Obs/Gynaecology Dept November 2000.

25) HRT: the future? Merch Symposium: Dorchester Hotel December 2002.

26) Female circumcision and pregnancy: presentation at St Mary's Hospital May 2003.

27) Female Genital Mutilation : World Conference of Sexuality, Cuba March 2003.

28) Female genital mutilation: the role of the health care worker: The Clay oven. Wembley 2005.

29) Dysfunctional Uterine Bleeding: GP forum. Royal Pharmaceutical Society. London 2005.

30) The Genetics of pre-eclampsia, Turkish Obstetric Society. Ankara June 2005.

30) Polycystic ovarian disease: a review. GP forum. Royal Pharmaceutical Society. London 2005.

31) Menstrual Dysfunction. January 06. The Highgate Hospital.

32) Novasure endometrial ablation. June 06. The Highgate Hospital.

33) PMT: new therapies. St John's Wood Medical Association. December 06.

### **MEDICAL SOCIETIES**

International Society for the Study of Hypertension in Pregnancy.

Blair Bell Research Society.

East Anglia Obstetrics & Gynaecology Society.

Founder Member European Vascular Workshop.

British Society of Psychosomatic Obstetrics and Gynaecology.

Medical Society of London.

Founder member of the London Pre-eclampsia and Placental group.

The Royal Society of Medicine.

### **Career plans:**

I am a generalist obstetrician and gynaecologist with a particular interest in pelvic pain and natural childbirth. I have established a private practise in London and work closely with my clinical and non-clinical colleagues to improve the care of my patients.

**Hobbies:** I am married to a dentist, and we have 2 young children. I am a tennis fanatic and a very poor sailor. I enjoy the theatre and music. I play the violin.

**Referees**

Dr P Shorvon: Director of Radiology and Chairman of the Medical Staff Committee, Central Middlesex Hospital, Acton Lane NW10 7NS: 02084532000. Mobile 07801151748.

Mr Harry Gordon: Consultant Gynaecologist, the Wellwoman African Clinic, c/o 26 Kent Gardens, Ealing W13 8BU. Telephone number 02089974572.

Mr Peter Curtis, Chief Executive Officer, The Portland Hospital, Great Portland St, W1. 02075804400.

Dr Charles Cayley: Associate Medical Director. Central Middlesex Hospital, Acton Lane NW10 7NS. Mobile 07769702552. Email: [charles.cayley@nwlh.nhs.uk](mailto:charles.cayley@nwlh.nhs.uk).